We aim to develop young Muslim women to discover their potential; spiritually, academically and socially! We run fortnightly sessions where we do different things with the girls ranging from Islamic Tarbya to different activities including sports in every session and fun trips throughout the academic year! For more information please go to <more info>.

Our programme focuses on developing the girls’ personalities, mind-sets, and their Islamic knowledge. We do this through coving topics that we feel will be the key to unlocking their potential. Our sessions cover the following:

1. Monthly Support Sessions during which we cover topics we feel will be the key to unlocking their potential. These sessions cover the following:
2. Islamic and spiritual development
3. Character Building
4. Building Ambitions
5. How to achieve good grades
6. Importance of community activity
7. Confidence Building
8. Mentoring. We aim to match our young people with mentors in their aspiring fields.
9. Trips. In order to build an affective bond between our members, we plan day trips at least twice a year.
10. We also undertake practical activities like volunteering. The girls have previously volunteered at soup kitchens, senior peoples homes and organised picnics for refugees.